***Are you stuck at home and looking for ideas to share with your children?***

We have put together a few activities which we do every day…there are hundreds more, but these may get your imagination going…..

***Put your mobile phone down (after you have read this!) and:-***

* Go through your **‘Healthy Movers’** packs for activities and ideas (those of you that do not have these we will post a couple a week so you can give them a go!)
* Chat with your child, share books- make up stories, search for colours, numbers, key words, can your child guess words when you sound them out? Make up alternative endings, read the text.
* Play simple games like ‘I hear with my little ear something beginning with……?’
* Let your child help you in the kitchen, cutting (fruit and veg, they are better at this than you think!), spreading, baking, weighing, mixing, tidying. Open the cupboard door and use the saucepans to make a musical band, ha.ha..
* **Toilet training**, this is a perfect time to ditch the nappies and get the children more independent
* Encourage/teach your child to put on and take off their own shoes, put on hats and coats, even trying the zip! Encourage them to use a knife, fork and spoon; drink water from a cup
* Help your child to recognise their own name and write/draw it (not in all capitals)
* Junk modelling
* Den making (simple to do with chairs and a sheet/duvet!)
* Water play with or without bubbles
* Shaving foam mark making
* Target practice (socks make good balls if you have none, and a wash basket/bowl makes a simple target!)
* Make your own stretchy playdoh- flour, salt, water and a small drop of oil
* Make and place numbers, shapes, and letters around your home and go on ‘hunts’ to name and recognise them
* Make patterns to copy and repeat
* **Make a number line 1-10; then activities are endless**: matching objects to numbers, matching numbers to more numbers, putting objects into groups, counting and comparing them. Count objects anywhere, including the garden…

**There is a large variety of ‘You Tube’ resources if you can access them** e.g. One little finger; Freeze Dance; Boogie Beebies; Children’s Yoga (for good exercises); Jolly Phonics songs; dancing

The ‘Pinterest’ phone app also have a wealth of ideas, why not have a look!

***We will hand out our Learning Together packs to our older children (if you have already started to self isolate we are working on a way to get them to you!)***

We have put together some photos of activities, which we will post on our Facebook page and add to. We have handed out most of these already, ***but the quality time that you can use with your children is priceless!***

*Perhaps you would like to send in some of your exciting ideas?*

***Our contact numbers are 01736363050,*** ***steppingstones@newlyn.cornwall.sch.uk***

Happy Mothering Sunday and, if we don’t see you before, all good wishes for Easter!

The staff of Stepping Stones