

SPRING MENU 2021



	Monday	Tuesday	Wednesday – Roast Day	Thursday	Friday – Fishy Friday!
WEEK 1	All day Breakfast	Cowboy Stew &	Roast Gammon, Roast	Cheese Burger &	Freshly Battered
		Mashed Potatoes	Potatoes and	Potato Wedges	Newlyn Fish/ Fish
			Vegetables		Fingers & Chips
	All Day Vegetarian	Homity Pie ,Mashed	Quorn Roast, Roast	Quorn Hot Dogs &	Quorn Dippers & Chips
	Breakfast (v)	Potato and Vegetables	Potatoes and	Potato Wedges (v)	(v)
		(v)	Vegetables (v)		
	Apple & Cinnamon Pie	Chocolate Muffin	Jelly & Fruit	Mango Sorbet	Chocolate Cornflake
	& Custard				Cake

WEEK 2	Chicken , Chorizo & Spinach Risotto	Steak Pasty	Roast Turkey , Roast Potatoes Vegetables &	Sausages, Mashed Potato and Vegetables	Freshly Battered Newlyn Fish/ Fish
	Macaroni Cheese & Garlic Bread (v)	Cheese Pasty (v)	Gravy Quorn Roast, Roast Potatoes, Vegetables &	Cheesy Frittata (v)	Fingers & Chips Falafel Wrap (v)
	Pineapple Upside Down Cake	Ice Cream	Gravy (v) Apple Crumble & Custard	Oat Cookie	Fruity Flapjack

WEEK 3	Salmon & Crushed New	Hot Dog & Potato	Roast Pork ,Yorkshire	Chicken Cobbler and	Freshly Battered
	Potatoes	Wedges	Puddings & Roast	Vegetables	Newlyn Fish/ Fish
			Potatoes		Fingers & Chips
	Cheesy Pizza & Wedges	Quorn Sausage &	Country Veg Pie &	Cheesy Pasta Bake &	Veggie Quiche & Chips
	(v)	Mashed Potato (v)	Roast (v)	Garlic Bread (v)	(v)
	Cherry Pie & Custard	Oreo Cheesecake	Strawberry Mousse	Apple Strudel &	Shortbread Cookie
				Custard	

*Baked Jacket Potatoes (Mon & Thurs) * Fresh Fruit * Freshly Baked Bread DAILY * Delicious Salad Bar – Mon, Tues & Thurs *Choice of two seasonal vegetables every day – varieties will depend on our local farm and what's been growing. WEEK 1: 4th and 25th January, 22nd February, 15th March

WEEK 2: 11th January, 1st February, 1st and 22nd March WEEK 3: 18th January, 8th February 8th and 29th March

