



Newlyn News

Newlyn School
Tel: 01736 363509

<http://www.newlynschool.co.uk/website> or see our Facebook page

14 May

Summer 2021

It is lovely to feel the real buzz in school as we plan our summer term activities for the children. The May guidance says that we still do need to stay in bubbles for now but we are really hoping that this may change in June and that we can all come together once more.

It is with a heavy heart that I need to share with you the fact that our very dear Mrs Gribben has made the decision to retire from teaching at the end of this year to spend more time with her own grandchildren. I do not need to tell you just how much she will be missed by everyone but especially by the children. She is a very special lady and I know that you will all join me in wishing her a very well-earned rest although, knowing Mrs Gribben, she won't disappear completely.

Please note, some change of dates for some trips– please see page 3

Superhero Day

On **Friday 21st May**, we are asking the children to come to school dressed as superheroes to help raise money for the Cornwall Air Ambulance. We will be advertising their 5K in a Day Superhero Challenge that is taking place the weekend of Saturday 5th June. The challenge involves covering 5 kilometres and we will do this as a class or a bubble by walking in the school grounds and out around Newlyn, giving the charity as much publicity as we can. Please make sure you have signed the necessary consent form for your child to go for a walk in our local community. We are hoping there may be some media coverage.

We will have charity buckets at the school gate at the beginning and end of the day if you would like to make a contribution.



Our Virtue

Our virtue this term is truthfulness. We are thinking about why people sometimes find it difficult to tell the truth and why being truthful is important.



Sports Day

We will be holding Sports Day for the children on Thursday, May 27th. As parents and carers are still unable to join us we will make sure we film and photograph the event and will share all the highlights with you on Facebook so please make sure you take a look.

Please make sure your child has a PE kit, trainers, a hat if it's warm and plenty to drink.

Girls Active Leaders

Our new Girls Active Leaders spent the morning with our existing Girls Active Leaders in a training session via zoom with Yasmin Clarke from the Youth Sports Trust. Yasmin is an Athlete Mentor having had a career in tennis, where she was a GB Junior Number 1. The girls had a fantastic morning and are really looking forward to re-launching our Girls Active Clubs in September.



Sickness

If your child is unwell then please be cautious and keep them at home.

If you or your child have any symptoms you must get a COVID-19 test.

Please ring or email the school office as soon as possible to let us know if you are getting a test. You can book a test online at: <https://www.gov.uk/get-coronavirus-test> or phone the NHS test line 119.

Year 3 Trips

As part of their Stone Age to Iron Age project, Year 3 are planning to visit the Iron Age settlement of Carn Euny, on Wednesday 9th June. This is still reliant on a number of factors, so the day and further details will be confirmed closer to the time.

They will also be having a field trip into Newlyn on **Wednesday 23rd June**.

Clubs starting after half term

Clubs will still be taking place in 'bubbles'.

Monday	Y5/6	Cycle Club	3.15 - 4.30
Tuesday	Y5/6	Cricket	3.15 - 4.15
Tuesday	Y4	Science	3.15 - 4.15
Thursday	Y5/6	Rounders	3.15 - 4.15
Thursday	Y3	Quadkids Athletics	3.15 - 4.15
Friday	Y6	Surfing	1 - 5pm

Year 3 Science

Year 3 applied their dissecting skills to research the different parts of the flower. They used books and video to name the important reproductive elements of a flower and how they play their part in pollination. Mrs Holden was really impressed with the care the children took over this task and how they applied their research skills to find the answers they needed.



Attendance Matters!

Congratulations to Class 1/2 who achieved 98.1% attendance last week.



Term dates:

Last day of term: **Friday 28th May usual end to day**

First day back: Monday 7th June

Last day of term: Thursday 22nd July 1pm

Art

Our partnership with Newlyn Art Gallery is going from strength to strength. They have been successfully awarded some funding to support our staff with high quality art teaching in the school. They will be bringing artists into the school to work with our children. We will then be able to support other schools.

As part of the project, the National Art Council have agreed to our children choosing some more art work for our school. The new collection will be installed during the next academic year. We have also applied for our Artsmark which has a real focus on art and culture.



Year 4 Science

Year 4 had a mucky yet fun afternoon learning about the human digestive system. They made their own models and learnt about the different functions of the organs.



A huge thank you to Indi-Rose's dad for removing some rubbish for us. We are very grateful.



BlackbirdPie

Welcome to the latest issue of **BlackbirdPie**

The May/June digital issue of BlackbirdPie What's On in Cornwall magazine is out now and there is SO much more to do, indoors and out! From theatre to indoor play centres, gorgeous galleries & fascinating museums, free events & special offers, and new skills to learn like sailing, archery, coastering & circus craft.

<https://blackbirdreads.turtl.c...>

Academic Year 2020/2021

19.04.21	Start of Term 5
18.05.21	Year 5 to Trengwainton
21.05.21	Superhero Day
26.05.21	Year 5 to Guy's Butterfly Farm
27.05.21	Sports Day, children only
28.05.21	Year 5 and 6 to St Peter's Church and Newlyn Cinema
28.05.21	End of Term 5

07.06.21	Start of Term 6
10.06.21	Swimming starts for Y5 and Y6
11.06.21	Surf Club Y6
15.06.21	Individual and class photographs
16.06.21	Y3, Y4, Y5, Y6 to Minack
23.06.21	Y3 field trip into Newlyn
29.06.21	Surf Day Y5 and Y6 (date to be confirmed)
22.07.21	End of Term 6 1pm finish



60-Second Vegtastic Lunchbox Hacks

Veg are a key part of a healthy diet but it can be a real struggle to get kids to eat enough of them. Adding an extra portion or two to their packed lunch will help to up their intake. Try these simple ideas to **veg-pack their lunchboxes** with limited faff.

The basic toolkit:

- Containers** (small and lidded for dips, leftovers and more)
- Cutlery** (if needed)
- Thermos** (any heat-retaining flask is great for soups, baked beans, leftovers, etc.)
- Bamboo kebab sticks** (optional, but helpful for making veggies more fun)



Top tip: Know your portions – a child's portion of veg is roughly 50g or what fits into a child's hand.

kids fruit



VEGPOWER

5 easy #LunchboxHacks to add more veg in 60 seconds or less:



1. The Salad-on-a-Stick

Get a bamboo kebab stick and thread on different veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce, etc) in fun colours. If your child isn't a fan of veg, try starting off by alternating veg with cooked meat, cubed cheese, etc to ease them into it.



My Favourite veg was:

2. The Lunch Crunch

1 carrot chopped into sticks (or pre-chopped carrot sticks) with a pot of hummus (or their favourite dip) adds a portion of veg.



I ate this many carrots:

3. The Sandwich Slice

Slice 5cm cucumber (about the length of a small egg) and add to a sandwich for an extra portion of veg with minimal effort.



I ate this much cucumber:

4. The Helpful Handful

Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.



My Favourite veg was:

5. The Half-Baked Plan

Heat through half a tin of baked beans (ideally low sugar and salt) and stick in a heat-retaining flask for an easy veg portion win.

Top tip: Keep trying! If they are not used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".

This week my rating is:

For recipes, tips and free downloads visit: vegpower.org.uk

Helpful contact information

COVID-19 isolation may cause tensions to rise and domestic abuse to increase. Help is available.

Who can help me?
We can

YOU ARE NOT ALONE

NATIONAL DOMESTIC VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL FREEPHONE

WCWAid
West Cornwall Women's Aid
01736 367539
<https://www.wcwaid.co.uk/helpline>

AT HOME SHOULDN'T MEAN AT RISK

#YOUARENOTALONE FIND SUPPORT AT: gov.uk/domesticabuse

Download this image onto your phone for when you might need help

Samaritans: Emotional support to anyone in distress, struggling to cope, or at risk of suicide.
116 123

Shout: Text service, free on all major networks, for anyone in crisis anytime, anywhere.
•If you're over 18, text the word SHOUT
•Under 18s, text YM
Text: 85258

Cornwall's 24/7 NHS mental health support
Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help.
0800 038 5300

Valued Lives: Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.
01209 901438

If you, or someone else, is in immediate danger call 999

www.cornwall.gov.uk/mentalhealth

ChildLine
0800 1111

family action | **Family Line**

0808 802 6666

Free School Meals / Pupil Premium

At this time, many families may find themselves eligible for Free School Meals and Pupil Premium who previously did not meet the criteria. Please read this page carefully to find out if you are now eligible. Cornwall Council are continuing to process new applications for Free School Meals. **Please ensure that you read the eligibility criteria before applying** and complete the online application form if you are eligible.

<https://www.cornwall.gov.uk/education-and-learning/schools-and-colleges/school-meals/application-for-freeschool-meals-and-pupil-premium/>

Postal applications are currently not being accepted but, if you are unable to apply online, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

Your child may be eligible for benefits-related free school meals if you, or the child themselves in their own right, receives of any of the following benefits:

- ◆ Income Support (IS)
- ◆ Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- ◆ Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- ◆ Child Tax Credit (CTC) with an annual income of less than £16,190
- ◆ Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- ◆ Guarantee Element of Pension Credit (GPC)
- ◆ Immigration and Asylum Act 1999 (IAA) Support
- ◆ Universal Credit - Your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods
- ◆ If you are claiming the benefits listed below you are **NOT** eligible for free school meals, regardless of what other benefits/credits are being claimed:
 - ◆ Working Tax Credit
 - ◆ Contribution-Based Job Seeker's Allowance and/or Contribution-Based Employment and Support Allowance

However, you will be temporarily eligible to claim free school meals if you receive a **Working Tax Credit run-on**, which is the payment you may receive for a further four weeks after you stop qualifying for Working Tax Credit.

If you think that your child is eligible for Free School Meals, please contact Cornwall Council on the link above.