



Newlyn News

Newlyn School
Tel: 01736 363509

<http://www.newlynschool.co.uk/website> or see our Facebook page

15 January 2021

Spring 2021

Happy New Year everyone! I wish we were able to say that to you all in person but sadly we are all once again in lockdown.

I know that the teachers are working hard to make sure you all have the type of work that suits you, your child and your own personal situation. Please do not worry if you feel there is too much, just ask your child to do a little each day. The most important thing is that you are coping and are able to enjoy your time with your child/children. If you are feeling overwhelmed then just get in touch with the class teacher or myself and we can reassure you and see if we can do things differently for you.

If you need help with anything at all then phone or email us and we will see what we can do to help. Please take care of yourselves and stay safe.

Staying safe online

As many parents continue to find ways to balance work and home-schooling yet again, it's likely that children are going to continue to spend more time online. Now, more than ever it is important to look after our well-being and safety online. To help you be in control and stay safe, please see the great online safety information on the next page. I hope you find this helpful.

Mrs Holden

If your child or anyone in your household tests positive for Covid

Although your child is not in school we would still appreciate it if you would let us know if they test positive during this lockdown so that we can support you in any way we can. Thank you

Parent Questionnaire

Thank you so much to everyone who has completed our questionnaire. It is really good for us to know early on if things are working for you or not. I know many of you were put off by trying to do it online so if you would prefer please just email me at headteacher@newlyn.cornwall.sch.uk and let me know what is working well and any improvements we could make. Thank you

Primary School Places—it's the last day!

If your child was born between 1 September 2016 and 31 August 2017 you will need to apply for a school place for September 2021. **The deadline for applications is 15 January 2021.** www.cornwall.gov.uk/education

Laptops and iPads

If you are struggling because you do not have a suitable device or your children are sharing then please let us know.

Keep in touch

Thank you to everyone who has been making contact with us. Not making any contact with the school causes real concern for us all so please let us know how you are getting on. We are here to support you.

Free School Meals

The voucher system is set to start again next week. Our amazing Mrs Richards is working hard to try and get everything in place. She will contact you all with information once the system is up and running.

Being the best we can be

Online safety tips for parents of primary school children 6-10 Year Olds

Checklist

✓ Put yourself in control

Make use of the parental controls on your home broadband and any internet-enabled devices. You can find out how at your broadband provider's website or by visiting internetmatters.org.

✓ Search safely

Use safe search engines such as swiggle.org.uk or kids-search.com. Safe search settings can also be activated on Google and other search engines as well as YouTube. You can find out more at google.co.uk/safetycentre.

✓ Agree boundaries

Be clear what your child can and can't do online – where they can use the internet, how much time they can spend online, the sites they can visit and the type of information they can share. Agree with your child when they can have a mobile phone or tablet.

Over 65 % of parents are most concerned about their 6-10 viewing inappropriate content online*



✓ Explore together

The best way to find out what your child is doing online is to ask them to tell you about it. Encourage them to use devices in communal areas so you can see what sites they're visiting and share with them.

✓ Check if it's suitable

The age ratings that come with games, apps, films and social networks are a good guide to whether they're suitable for your child. The minimum age limit is 13 for several social networking sites, including Facebook and Instagram.

Know this stuff matters, but don't know where to turn?

Internet Matters is a free online resource for every parent in the UK. We'll show you the best ways to protect your children online – with information, advice and support on all the big e-safety issues.

**internet
matters.org**

*Source: Children's online safety in 2016 report, Commissioned by Internet Matters by Opinion Leader

Helpful contact information



Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on 0800 001 4330.



citizens
advice

0344 411 1444



WCWAid

West Cornwall Women's Aid
01736 367539


<https://www.wcwaaid.co.uk/helpline>



0808 802 6666



Download this image onto your phone for when you might need help



Samaritans: 24h

Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

Shout: 24h

Text service, free on all major networks, for anyone in crisis anytime, anywhere.

- If you're over 18, text the word SHOUT
- Under 18s, text YM

Text: 85258

Cornwall's 24/7 NHS mental health support 24h

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help


0800 038 5300

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call 999



www.cornwall.gov.uk/mentalhealth

Free School Meals / Pupil Premium

At this time, many families may find themselves eligible for Free School Meals and Pupil Premium who previously did not meet the criteria. Please read this page carefully to find out if you are now eligible. Cornwall Council are continuing to process new applications for Free School Meals. **Please ensure that you read the eligibility criteria before applying** and complete the online application form if you are eligible.

<https://www.cornwall.gov.uk/education-and-learning/schools-and-colleges/school-meals/application-for-freeschool-meals-and-pupil-premium/>

Postal applications are currently not being accepted but, if you are unable to apply online, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

Your child may be eligible for benefits-related free school meals if you, or the child themselves in their own right, receives of any of the following benefits:

- ◆ Income Support (IS)
- ◆ Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- ◆ Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- ◆ Child Tax Credit (CTC) with an annual income of less than £16,190
- ◆ Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- ◆ Guarantee Element of Pension Credit (GPC)
- ◆ Immigration and Asylum Act 1999 (IAA) Support
- ◆ Universal Credit - Your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods
- ◆ If you are claiming the benefits listed below you are **NOT** eligible for free school meals, regardless of what other benefits/credits are being claimed:
 - ◆ Working Tax Credit
 - ◆ Contribution-Based Job Seeker's Allowance and/or Contribution-Based Employment and Support Allowance

However, you will be temporarily eligible to claim free school meals if you receive a **Working Tax Credit run-on**, which is the payment you may receive for a further four weeks after you stop qualifying for Working Tax Credit.

If you think that your child is eligible for Free School Meals, please contact Cornwall Council on the link above.