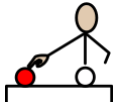






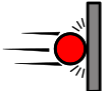





 Sometimes
  I
  feel
  mad
 or
  upset.



 That's okay.

But
 ~~23456~~
 when
  I
  feel
  mad,


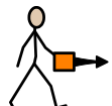
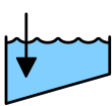

 I
  do not
  hit.

 I
 ~~~~ do not push.


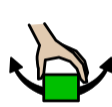
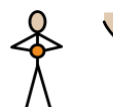

 I
  do not
  pinch.



 Hurting
  people
 ~~=~~ is not okay.


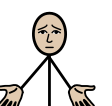

 I can
  stop.

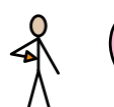


 I can  take  a deep  breath.






 I can  ask  for help.



 I can  use  my  words.

 "I'm  mad!"

 "I  need  a break!"

 "I  want  a turn!"

 When  I  use  kind  hands,

 I  am being a good friend.



I

am being



safe.



I

am being



kind.



I can

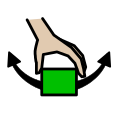


do

it!



I



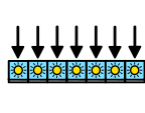
use



kind



hands



every day.