

     
**"I** **Use** **Kind** **Hands"**

    
**I** **have** **hands.**

      
**My** **hands** **can do** **so** **many** **things!**

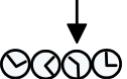
   
**I can** **clap.**

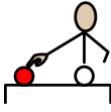
   
**I can** **wave.**

    
**I can** **give** **high fives.**

   
**I can** **help.**

      **+**   
**Kind** **hands** **make** **people** **feel** **happy** **and** **safe.**

 Sometimes  I  feel  mad!  or  upset.

 That's okay.

~~23456~~  But even when I  feel  mad,

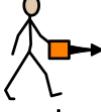
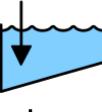
   I do not hit.

  I do not push.

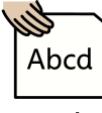
   I do not pinch.

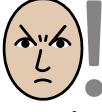
  Hurting people is not  okay.

  I can stop.

  a    
I can take a deep breath.

  for   
I can ask for help.

  my   
I can use my words.

   
"I'm mad!"

  a    
"I need a break!"

  a   
"I want a turn!"

  use    
When I kind hands,

 a   
I am being a good friend.

