

SUMMER MENU 2023

	Monday	Tuesday	Wednesday – Roast Day	Thursday	Friday – Fishy Friday!
WEEK 1	Lemon & Pepper Roasted Salmon & Salad	Chicken Wrap & Wedges	Roast Gammon & roast potatoes & Yorkshire Puds	Ham, Cheese & Tomato Pasta Bake	Freshly Battered Newlyn Fish/ Fish Fingers & Chips
	Macaroni Cheese & Garlic Bread (v)	Veggie Lasagne & Garlic Bread (v)	Quorn Roast & roast potatoes (v)	Cheese & Onion Puff Pastry Slice & Wedges (v)	Quorn Dippers & Chips (v)
	Summer Fruit Crumble & Custard	Mango Sorbet	Jelly & Fruit	Chocolate Muffin	Shortbread Biscuit
WEEK 2	Italian Meat Balls & Pasta & Garlic Bread	Steak Pasty	Roast Chicken, roast potatoes & gravy	Sausage & Mash	Freshly Battered Newlyn Fish/ Fish Fingers & Chips
	Wild Mushroom Risotto (v)	Cheese Pasty (v)	Quorn Roast, roast potatoes & gravy (v)	Veggie Hotdog & Wedges (v)	Mediterranean Veggie Quiche (v)
	Apple Pie & Custard	Ice Cream	Strawberry Cheesecake	Fruity Flapjack	Oaty Cookie
WEEK 3	Pepperoni Pizza & Wedges	Meadery Style Chicken & Wedges	Roast Pork, Yorkshire Puddings & Roast Potatoes	Bacon Turnover & Wedges	Freshly Battered Newlyn Fish/ Fish Fingers & Chips
	Cheesy Pizza & Wedges (v)	Veggie Sausage roll & Wedges (v)	Hommitie Pie (v)	Veggie Sausage & Mash (v)	Bean Burger & Chips (v)
	Cherry Pie & Custard	Chocolate Crispy Cake	Strawberry Mouse	Fruit & Jelly	Short Bread Cookie

- Baked Jacket Potatoes (Mon & Thurs). Fresh Fruit, Freshly Baked Bread DAILY
- Pasta With a choice of Cheese, Tomato Sauce and Cheese Sauce. Mon, Tues & Thurs
- Delicious Salad Bar – Mon, Tues & Thurs • Choice of two seasonal vegetables every day – varieties will depend on our local farm and what's been growing.

