



TRURO & PENWITH ACADEMY TRUST | OCTOBER 2020

## Pumpkin and Halloween Costume Competitions at Perranporth School

An enormous well done to everyone for their incredible pumpkin creations and spooky costumes too! We had lots of amazing entries, which both wowed and terrified us! Clearly Perranporth School has lots of talented, creative carvers and fancy dress stars! It really is so impressive how many different, wacky and wonderful ideas come together in this event every year. A fantastic effort everyone!



### Resources

[Fun Activities at Home](#)  
[10 Top Tips: Remote Education for Parents and Carers](#)  
[Is TikTok safe? Panorama](#)  
[Beans & Sparks FREE Personalised Poster](#)



### TPAT Wellbeing

Covid is restricting our lives, but we can find new ways to keep making progress. Trying out new things can actually boost our well-being. When we open up to new ideas, it helps us stay curious and engaged. It can also bring a sense of accomplishment and help to boost our self-confidence and resilience. There are so many ways to learn new things and this month we're encouraging everyone to find new and creative ways to overcome our frustrating situations.

Truro & Penwith  
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## Chacewater School

On Friday 9<sup>th</sup> October, Chacewater School celebrated Mental Health Awareness Day by wearing yellow and thinking about how we can be kind.

One of the school Teaching Assistants, Miss. Budge, made an amazing video to show how we are happy in school. Some children in Year 6 also wrote some poems about being mentally healthy.

[Watch the video now](#)



## Newlyn School

During the summer term, Newlyn School took part in a poetry competition run by St Just Miners' Chapel. The judges congratulated the schools, their young poets, teachers and parents for their outstanding contribution to Cornish poetry under very strange and difficult circumstances. The four best lyrical poems were chosen and have been sent to composer, Anthony Gray, to be set to music. Deep Deep Down was chosen as Newlyn School's most lyrics poem, by Kaydy Drew.

Timid tight and terrified, Deep deep down,  
Relentless rift and rumpus, Deep deep down.

Hard hostile and heinous, Deep deep down,  
Lethal labyrinth and long, Deep deep down.

Unnaturally unearthing and unfair, Deep deep down  
Deep deep down, Down in the mines.



## Threemilestone School

"What a wonderful term it has been. I think everyone was full of trepidation when we returned in September, but it really has been a fantastic 7 weeks. The children, as always, have been full of un, smiles and eagerness to learn, and the teachers have worked hard to create some really amazing learning experiences, despite our Covid restrictions.

A big thank you from our staff team to all of our families for making this potentially challenging time, a time worth remembering, for all the right reasons."

**Ms. Teagle**



## Kennall Vale School

Although we have not been able to celebrate Harvest Festival as we would normally with parents, Piskies have led our celebration assembly (virtually) across the school! Piskies shared what they have been up to during the week, showing off their spectacular Harvest load and mice!

Thank you to everyone who has donated food; all the donations were taken to the Salvation Army centre in Falmouth. They were extremely grateful for the school's donation, that they will now distribute to those in need within the local community.



# DIAMOND SIXES



can be easily identified by their special diamond badge and golden shirt!

Congratulations to Eva, Lila, Taylor, Ava, Seb and Saxon!  
We wish you well in your new roles!

Congratulations to our wonderful Diamond Six Children at Perranporth School, who received their very prestigious golden shirts! Earlier this term, the children in Year 6 who wanted to be considered for the role, were given the opportunity to video a speech for the entire school to watch. After watching the videos, the school then voted on their chosen children. This is a very important position which comes with various roles and responsibilities that helps the school run smoothly. Lots of children very bravely and confidently explained their reasons for wanting to be a Diamond 6 and why the rest of the school should vote for them. We were all extremely impressed by Their brilliant speeches and presentation skills. And now the six chosen children

## TPAT SCHOOLS

### TOP OF THE ROCKS BATTLE

The Big TPAT Half-Term Battle took place between the 26<sup>th</sup> -30<sup>th</sup> October with a number of our TPAT schools taking part to win the Rockstar challenge!

Info	School Results	Class Results	Pupil Results	Certificates
School average / user		School score		
1	Threemilestone School	836		
2	Newlyn School, Part of Truro and Penwith Academy Trust.	739		
3	Cardinham Primary School	511		
4	Roche C P School	493		
5	Kehelland Village School	487		
6	St Dennis Primary Academy	362		
7	Lanivet Community Primary School	355		

The schools had to answer as many questions as possible and the class with the highest number of correct answers per pupil would take home the crown.

Congratulations to Threemilestone School for taking first place with an amazing 836 points!

And congratulations also to Newlyn School and Cardinham Primary School for taking 2<sup>nd</sup> & 3<sup>rd</sup> place!

Well done to all schools and students who took part!







## Fundraising

Mrs. Davies, at Threemilestone Primary School, is selling homemade masks on behalf of her granddaughter who is due to climb Mount Kilimajaro next year. Mrs Davies' granddaughter is hoping to raise much needed funds for the Meningitis Research Foundation.

If you would like to purchase homemade reusable masks in either adult or child sizes, they are £3 each or 4 for £10, and can be purchased from Mrs Davies at 3 Polstain Road, Threemilestone (Opposite the school).



## Upcoming Awareness Days

Here is a list of some upcoming national awareness days throughout the month of November. Get involved and share your achievements with your schools to get featured in next month's TPAT newsletter.

Nov : National Writing Month

Nov : Veg Pledge

1<sup>st</sup> : National Family Literacy Day

2<sup>nd</sup> : The day of the Dead

2 – 6<sup>th</sup> : International Stress Awareness Week

4<sup>th</sup> : National Stress Awareness Day

5<sup>th</sup> : Guy Fawkes Night (Bonfire Night)

8<sup>th</sup> : Remembrance Sunday

9 – 14<sup>th</sup> : Maths Week

9 – 15<sup>th</sup> : Children's Book Week

10<sup>th</sup> : World Science Day

13<sup>th</sup> : BBC Children in Need

13<sup>th</sup> : World Kindness Day

14<sup>th</sup> : World Diabetes Day

16 – 20<sup>th</sup> : Anti Bullying Week

16 – 20<sup>th</sup> : World Nursery Rhyme Week

16 – 22<sup>nd</sup> : Road Safety Week

16<sup>th</sup> : World Horse Appreciation Day

20<sup>th</sup> : Universal Children's Day

21<sup>st</sup> : World Hello Day

21<sup>st</sup> : World Television Day

23<sup>rd</sup> : National Adoption Day



# Alverton School's New Outdoor Works

During the fortnight before half-term, we have had some fantastic new outdoor projects completed, arranged by Daisy Wright, our Outdoor Learning Co-ordinator.

Our main school entrance has been made much more welcoming and our Bodrifty class has had a new garden created. Our mud kitchen has had a facelift and a new polytunnel/bike shed foundations have been laid and the basic structure put up.

We have many thank yous:

- Adam Flood and Billy at the Cornwall Building Company who spent two long days digging the holes for the foundations of the polytunnel structure.
- The rather indecent amounts of cake/biscuits etc that were made and donated by parents.
- Penlee Park for giving us some lovely plant cuttings.
- Peter Thomas Grounds Care and Firewood who cut all the logs for the big raised bed and came in early on a Saturday to get them here on time.

But the biggest thank you goes to Rebuild South West and Who Dares Work. Rebuild South West take people who are unemployed and give them the opportunity to create and build exciting community projects. What an amazing lot! They ran the project and were totally unfazed by any problems while the volunteers worked incredibly hard to do everything to such an amazingly high standard. These guys came in come rain or shine and transformed the front of our school. We are delighted with everything they have done.

## **Note from Stan at Rebuild:**

*"I hope that Alverton realises just what a gem they have in you Daisy, your passion, drive and enthusiasm in all weathers has been infectious and made my team's job over the past two weeks an absolute pleasure."*

We absolutely echo this!



# ENCOURAGING CHILDREN TO BE ACTIVE





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## Tips for Parents

### Be positive and enthusiastic.

Taking a positive approach to getting active together is important. What can you do to role model the energy and behaviour you want to encourage?

### Plan for how you can get active together.

This provides a sense of relatedness for our children, gives them more autonomy, and helps to create some great ideas. When might 'making a plan' best fit for your family?

### Create a safe space to get active.

We want getting active to be a safe thing to do, for everyone involved. What things might you need to move, or activities need adapting to keep everyone safe and happy?

### Go with the flow.

Allow activities to develop naturally, trying not to step in too often with new instructions or information. What strategies can you use to stop this happening too often?

### Be brave and try new things.

Be aware that new experiences can be unnerving for children while they learn. What can you do to support your child while they explore new things?

### Keep asking for feedback.

Asking for feedback can help shape the session to keep your child engaged. Use drink breaks as an opportunity to learn more from them. What questions could you ask them?

### Recognise and reward effort and creativity.

When giving praise make sure to state what you like and why. "We're doing great, you're listening really well, let's keep going". How else can you think to recognise and reward?

### Don't stress.

Things don't always work, stay positive and build on your successes from each day. What strategies can you use to help reduce stress for you and them, should you need to?

### Every minute counts, it's about moving more often.

Something is better than nothing when it comes to getting active. What ideas can you think of to break up long periods of sitting or screen time with some physical activity?

### Go with what works.

Repeat what works, change what doesn't. Remember that different combinations of activity make new sessions. How will you agree what to keep and what to change together?