

## Menu of clubs Autumn 2023

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| <p><b>Yoga (all)</b><br/>A perfect way to get that feel good Friday feeling. Take a deep breath and relax into the world of yoga and mindfulness. Stretch into Tree Pose, bend into Bow Pose and find out how yoga can help you relax, focus and get moving.</p>                                                         | <p><b>Green Fingers Gardening Club Y2-6</b><br/>Join us to develop your skills in growing fruit, vegetables and gardening. This is a long-term project and we'd like to share it with you! We want to see what you can grow to taste as part of your learning, and we'll aim to grow food for the school kitchen. Together we can bring the school garden back to life!</p> |
| <p><b>Book Clubs KS1 and KS2</b><br/>Enjoy stories but enjoying being read to more... Mrs Harrison is ready and waiting to take you to a world of fiction and capture your imagination. A perfect way to spend a lunchtime!</p>                                                                                          | <p><b>Choirs KS1 and KS2</b><br/>Are you a budding Beyonce or Bob Marley? Do you like to dance with Dua Lipa, belt it out to Bieber or sing to Shakira? Then you are sure to love Rollason's Rockstars.</p>                                                                                                                                                                 |
| <p><b>Cookery (all)</b><br/>Want to impress your family and tickle their tastebuds with tantalisingly delicious food? Come and learn how to produce some wonderful meals! Food to take home each week and share with your family. Simply a mouth-watering experience!</p>                                                | <p><b>Cycle Club Y5-6</b><br/>Explore our local area and improve your physical fitness and muscle growth, whilst enhancing your focus and alertness. Learn to stay safe!</p>                                                                                                                                                                                                |
| <p><b>KS2 Design and Sculpture</b><br/>Let your imagination and creativity run wild! A chance to make some artistic masterpieces, why not come and be inspired and give it a go!</p>                                                                                                                                     | <p><b>Penwith Explorers Y3-6</b><br/>Discover beautiful bays, explore woodlands and streams, enjoy the views from moors. What treasures can you find? What history can you unravel?</p>                                                                                                                                                                                     |
| <p><b>Photography and Animation Y2/3/4</b><br/>A club full of photography activities that will expand your knowledge of how to capture, review and edit images. Animations will be planned by you and created using a mixture of drawings, Lego and outdoor resources. Come and explore your creative possibilities!</p> | <p><b>Newlyn's band! KS2</b><br/>A fantastic opportunity to learn how to play an instrument or perfect the hidden talents you have. Newlyn school band will be jamming every Wednesday, creating new music and crafting new songs. Budding songwriters, vocalists and musicians are always welcome.</p>                                                                     |
| <p><b>KS1 Arts and Crafts</b><br/>Release your inner 'crafty' self and enjoy making your own creations with innovative materials and tasks. Your vision and artistic dreams can come true!</p>                                                                                                                           | <p><b>Cross Country club KS2</b><br/>There's nothing like an early morning run to energise you and get you ready for the day. Newlyn's running club is here, come and join in the fun!</p>                                                                                                                                                                                  |
| <p><b>Stay and Play games club KS1</b><br/>A quiet space to play with your friends and learn some new games. Challenge yourself to new things, why not give it a try?</p>                                                                                                                                                | <p><b>KS2 Football club</b><br/>Fancy brushing up on your footy skills with an Academy player? This is the club for you!</p>                                                                                                                                                                                                                                                |

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