

## How is the money being spent in 2015/16?

Total funding for PE for academic year 2015/16	£8750 + £745 from 2014/15 £9455
1. Penwith PE	£4000
2. Sports Coaches (clubs)	£980
3. Sports Equipment	£700
4. Health and Wellbeing	£508.80 (overalls) £82.96 (screwfix - equipment) £158.01 (equipment) £126.68 parachute £3123.55 (outside play equipment)
Total  *This is a working document and is up-dated regularly	£9680.09

### 1. Penwith PE (£4000)

In order to maximise the impact of PE and Sport Grant, we have pooled the majority of our funding with eleven other primary schools in the Penwith area to form Penwith PE in collaboration with Mounts Bay Academy. By working collaboratively, we have been able to employ a co-ordinator who liaises with both the Management Group of Head Teachers and the PE Subject Leaders of each school.

### Aims

The group was formed in order to:

- To raise the quality of PE delivery across all phases in all schools with a view to raising outcomes
- Offer support with curriculum development, training and support subject co-ordinators in each school
- To increase participation in sport amongst our pupils, including competitive sport and developing opportunities for year 3 and 4 pupils.
- To develop community links with local sports clubs and facilities.

- Support and expand the offer of extra-curricular physical activities.
- To develop bespoke training for the schools
- To increase physical activity and healthy lifestyles

We have benefited from this through...

### Staff CPD

Penwith PE has provided Newlyn with many opportunities to extend our staff's CPD including...

- The remaining modules of the Youth Sport Trust's Leadership training.
- An annual review and action plan meeting with the Penwith PE Co-ordinator.
- Skills to Achieve training
- Active Maths training
- Active Literacy
- Free places at Cornwall's PE Conference
- Free places at the Youth Sport Trust's PE Conference
- KS1 BUPA Skills to Play/Time to Move training
- Year 1 and 2 teachers multi-skills training
- Year 3 and 4 gymnastics training at Penzance Gym Club

### Sports Leaders

4 more of our children in Year 5 have been trained as sports leaders. Our leaders are now able to lead games at playtimes and lunchtimes along with our Year 6 leaders, encouraging all children to take part and promoting a good sporting attitude. Our Sports Leaders have benefitted from two modules of training at Marazion School, along with an event to demonstrate their new skills.

- Initial Training Day
- Leading an Event Day
- Multi-skills Event Day

### Competitive Sport

Penwith PE created more opportunities for our children to compete in the Local School's Games competitions and further competitive opportunities for all pupils across the schools in inter-school events. Our year 4, 5 and 6 children have competed in the Penwith High Five, Cross country, Rounders and Rugby

League. In 2015, our rugby team won the Penwith League and qualified for the county playoffs.

## 2. Specialist Coaches (£980)

To extend the range of after school clubs that we are able to offer, we have invested in specialist sports coaches to teach our children a range of clubs that they requested. These have included:

- Dance
- Football
- Basketball

## 3. Sports Equipment (£700)

We have invested a considerable amount of money in re-stocking our PE equipment including the purchasing of basketball hoops and balls as a result of pupil conferencing.

## 4. Health and Wellbeing (£4000)

We have decided to invest a large amount of our PE and Sport Premium funding into the health and wellbeing of our pupils through implementing Forest Schools. We have bought waterproofs to ensure that the children can be equipped for all weather and have started an after school Forest Skills Club to trial the idea. We have purchased the relevant tools for the club to take place.

One member of staff has already been on a Forest Schools training course and trialled a club with our Year 3 and 4 pupils. Now she is training other members of staff and taking groups of children out for Forest Schools from our Thrive programme.

Our outdoor area is also in the process of being transformed from a bare playground and field to a fun, child inspiring, useable space. We have bought lots of tarpaulins, wooden crates, wooden planks, rope and pulleys to provide unlimited open ended outdoor fun for all year round. We have also installed 20 wooden upright posts with eye hooks, for attaching tarpaulins, and steps, to climb on or run planks across to make den building more accessible for all the children. This has increased the amount of activity and imagination used by our pupils across the school. Behaviour has improved at lunchtimes and playtimes as

the children have so much to do and the equipment provides many different play opportunities. Please see our outdoor learning action plan for further details.

### The effect of PE and School Sport Premium on pupils' PE and sport participation and attainment 2015/16

#### School Sports Organising Crew

This year, at Newlyn School we have trailed our first year of the School Sports Organising Crew (SSOC) which has proven to be a huge success! The two representatives from each class consult the pupils on what sports they would like to access at school, in clubs and during lunchtimes and playtimes. Due to this, the participation has increased significantly. The SSOC meets regularly to discuss how we can encourage pupils to lead active, healthy lives and have ownership over the PE and sport that takes place at our school. One decision the SSOC has implemented is the 'run a mile a day' initiative that has been in the news recently. The SSOC thought that this would be a positive way to improve the fitness of the whole school community and consulted their teachers to ask if they could take part. We now have pupils running the mile each day, with staff and some parents joining in to!

#### Penwith PE

We have continued to be a part of Penwith PE (PPE) this year and it continues to have a resounding impact on the whole school's participation in sport. Neil Eddy, the PPE Co-ordinator provides considerable support to our PE leader, including an annual meeting to discuss a school PE and sport action plan for the coming year. Being a member of PPE means that we have a strong connection to our local secondary school, Mounts Bay Academy, which has created many opportunities for our pupils to benefit from events that the school offer. For example, four more children from our Year 5 class have been trained as Primary Sport Leaders and are leading games with our Year 6 leaders at lunchtimes. Behaviour at lunchtimes has improved as many more children are involved in playing pupil led games. Children from both Year 5 and 6 have been attending the High Performance Programme which has included coaching from Olympic athlete Heather Fell.

The local links with Penzance Gymnastics Club has proved tremendous this year! Our Year 3 and 4 have benefited from 6 weeks of lessons at the club during school time. This has provided the children with the opportunity to be taught by professional coaches using the equipment that we just can't provide at school. The teachers have also benefited greatly as they have seen first-hand

outstanding practice which has been shared in staff meetings to discuss ways of implementing these best practices at school. This has been an amazing experience for both the pupils and the staff and we hope to send other year groups next year.

### Competition

#### Level 1 (intra-school):

Intra-school competitions have included High Five, Tag Rugby, Football, Rounders and Athletics, as well as our yearly EYFS, KS1 and KS2 School Games Sports Day.

#### Level 2 (inter-school):

We participate in various competitions as part of the Penwith League, including, High Five, Tag Rugby, Rounders and Cross Country.

#### Level 3 (County level):

In academic year 2014/15, our Tag Rugby Team won the Penwith League and got through to the County Semi-Finals, finally achieving 4<sup>th</sup> place out of 25 teams. This year, our team has made the quarter finals!

One of our pupils competes for the county in kickboxing.

Newlyn School also received the Sainsbury's PE and School Games Silver Kitemark in 2015.

### Clubs

In the autumn term, 51% of our children from Year 1 -6 took part in an active after school club.

From the funds that have been paid into PPE we were able to offer Surf Club to the children in the autumn term. The 6 week block allowed for 30 children to surf for 2 hours a week. This club was completely funded by our PE Premium and allowed for all children to surf free of charge. This opportunity allowed for all

children to access this fantastic but expensive sport. Surf Club has seen an increase of the uptake of afterschool clubs from 41% to 51%.

### Active Literacy

The PE leader attended the active literacy course provided by PPE. Staff were then trained and daily sessions were established. As a result, there has been a significant improvement in children's core strength, which has then greatly improved their gross and fine motor skills.

### Playground Equipment

The new playground equipment has led to greater physical activity at playtimes and lunchtimes. It has provided many more opportunities for open-ended physical play and increased enjoyment and well-being.

### Sustainability

- Continued attendance to PE training days by PE Coordinator to keep up-to-date with developments and training opportunities.
- Specialists running clubs, continue to fund at least half of the cost.
- Maintenance of the outside area and yearly audit of equipment.
- Train TAs and new staff in active literacy.
- Continue membership of PPE.
- Increase participation in intra and inter- school competition.
- Action plan of PE and School sport.