

## AUTUMN TERM MENU 2020

Monday

Tuesday

Wednesday – Roast Day

Thursday

Friday – Fishy Friday!

WEEK 1	Veggie Sausage & mash (v)	Pasta Meatballs & Garlic Bread	Roast Gammon & Yorkshire puds & Roast Potatoes	Meadery Style Chicken & Wedges	Freshly Battered Newlyn Fish/ Fish Fingers & Chips
	Italian tomato and Spinach Pasta with Garlic Bread	Homemity Pie (v)	Vegetable Roast & Roast Potatoes (v)	Shepherdess pie (v)	Quorn Nuggets & Chips (v)
	Shortbread Biscuit	Fruit Crumble & Custard	Chocolate Mouse	Flapjack	Cornflake Cake

WEEK 2	Veggie Meatballs & Pasta (v)	Hand Made Stake Pasty	Roast Turkey & Stuffing & Roast Potatoes	All Day Breakfast	Freshly Battered Newlyn Fish/ Fish Fingers & Chips
	Cheesy Pizza & Wedges (v)	Hand Made Cheesy Pasty(v)	Lentil Roast& Roast Potatoes (v)	Veggie All Day Breakfast (v)	Vegetarian Quiche (v)
	Chocolate Chip Muffin	Ice Cream	Lemon Sponge & Custard	Cherry Cheese Cake	Shortbread Fingers

WEEK 3	Wild Mushroom Rissotto	Chicken Salad Wrap & Wedges	Roast Pork, Roast potatoes & Yorkshire puds	Steak & Mushroom Pie & Mash	Freshly Battered Fish / Fish Fingers & Chips
	Macaroni Cheese & Garlic Bread (v)	BBQ Bean Wrap(v)	Quorn Roast & Roast potatoes (v)	Cheese & Tomato Bite (v)	Quorn Hotdogs & Wedges (v)
	Fruit Pie & Custard	Rice Pudding	Fruity Jelly	Raspberry Muffin	Giant Cookie

- Baked Jacket Potatoes (Mon, Tues & Thurs). Fresh Fruit, Freshly Baked Bread DAILY
- Choice of two seasonal vegetables every day – varieties will depend on our local farm and what's been growing.

Week 1 week beg 7<sup>th</sup> and 28<sup>th</sup> September, 19<sup>th</sup> October, 16<sup>th</sup> November, 7<sup>th</sup> December

Week 2 week beg 14<sup>th</sup> September, 5<sup>th</sup> October, 2<sup>nd</sup> and 23<sup>rd</sup> November, 21<sup>st</sup> December

Week 3 Week beg 21<sup>st</sup> September, 3<sup>rd</sup> October, 9<sup>th</sup> and 30<sup>th</sup> November, 3<sup>rd</sup> December

