

## SPRING MENU 2019

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday – Roast Day</b>	<b>Thursday</b>	<b>Friday – Fishy Friday!</b>
<b>WEEK 1</b>	All Day Breakfast	Chinese Honey Chicken & Noodles	Roast Gammon & Roast Potatoes	Cheese Burger & Potato Wedges	Freshly Battered Newlyn Fish/ Fish Fingers & Chips
	All Day Vegetarian Breakfast	Homity Pie (v)	Quorn Roast & Roast Potatoes (v)	Quorn Hot Dogs & Potato Wedges (v)	Quorn Dippers & Chips (v)
	Apple & Cinnamon Pie & Custard	Chocolate Brownie	Jelly & Fruit	Mango Sorbet	Chocolate Cornflake Cake
<b>WEEK 2</b>	Chicken , Chorizo & Spinach Risotto	Steak Pasty	Roast Turkey , Roast Potatoes & Gravy	Sausage & Mashed Potato	Freshly Battered Newlyn Fish/ Fish Fingers & Chips
	Macaroni Cheese & Garlic Bread	Cheese Pasty	Quorn Roast, roast potatoes & gravy (v)	Cheesy Frittata (v)	Falafel Wrap (v)
	Pineapple Upside Down Cake	Ice Cream	Apple Crumble & Custard	Oat Cookie	Fruity Flapjack
<b>WEEK 3</b>	Lemon Roasted Salmon & Rice	BBQ Pulled Pork & Potato Wedges	Roast beef ,Yorkshire Puddings & Roast Potatoes	Chicken Curry & Rice	Freshly Battered Newlyn Fish/ Fish Fingers & Chips
	Cheesy Pizza & Wedges	Quorn Sausage & Mashed Potato (v)	Butternut squash & Emmental & Quinoa Roulade(v)	Cheesy Pasta Bake & Garlic Bread (v)	Vegetarian Quiche & Chips (v)
	Cherry Pie & Custard	Rocky Road Slice	Chocolate Sponge & Chocolate Custard	Oreo Cheese Cake	Short Bread Cookie

- **Week One:** 7<sup>th</sup> and 28<sup>th</sup> January, 25<sup>th</sup> February, 18<sup>th</sup> March
- **Week Two:** 14<sup>th</sup> January, 4<sup>th</sup> February, 4<sup>th</sup> and 25<sup>th</sup> March
- **Week Three:** 21<sup>st</sup> January, 11<sup>th</sup> February, 11<sup>th</sup> March, 1<sup>st</sup> April
- Baked Jacket Potatoes (Mon & Thurs). Fresh Fruit, Freshly Baked Bread DAILY
- Delicious Salad Bar – Mon, Tues & Thurs
- Choice of two seasonal vegetables every day – varieties will depend on our local farm and what's been growing.



